

## **Intrasquad Meet (Men)**

Thursday January 23rd, 2014

Jenison Fieldhouse, East Lansing, MI

### **60m Dash\***

Jared Emerson	7.14
Billy Millar	7.36
Tom Eby	7.37
Jeremy Bebbler	7.55
Lucas Bowman	7.88
Christian Marier	8.00
Pat Frahm	8.08
Alex Bonnen	10.24

\*Hand-timed, no blocks

### **600m Run**

Connor Lockman	1:29.8
Ben Lambert	1:33.1
Billy Millar	1:33.4
Kevin	1:41.8
Christian Marier	1:42.5
Cody Lange	1:54.0

### **2000m Run**

Colin Riley	6:03
Adam Terwillegar	6:12
Trent Johnson	6:20
Lucas Bowman	6:43

### **200m Dash\***

Jared Emerson	24.3
Jeremy Bebbler	24.9
Tom Eby	26.4

\*Hand-timed, no blocks

### **Dream Mile of Champions**

Ryan Squanda	4:44
Jeff Girbach (alumnus)	4:46

### **Co-Ed 4x400m Relay**

Tarah Thompson	4:32
Adam Terwillegar	
Kathryn Dugal	
Colin Riley	
Valerie Morel	4:33
Steph Schmidt	
Jeremy Bebbler	
Kristian Wosik	

Megan McNitt	4:38
Kevin	
Christina Casali	
Pat Frahm	

### **Shot Put**

Alex Bonnen	27'9"	8.46m
Pat Frahm	25'10"	7.87m
Adam Terwillegar	25'3"	7.70m
Lucas Bowman	21'5"	6.55m
Jonathan Sollish	17'4"	5.28m

### **Long Jump**

Pat Frahm	16'3"	4.95m
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## **Intrasquad Meet (Women)**

Thursday January 23rd, 2014

Jenison Fieldhouse, East Lansing, MI

### **600m Run**

Tarah Thompson	1:50.5
Valerie Morel	1:51.7

### **2000m Run**

Steph Schmidt	6:59
Christina Casali	7:36
Megan McNitt	7:42
Kathryn Dugal	7:56
Shannon Line	8:44
Daniela Pittiglio	8:48

### **200m Dash**

Valerie Morel	31.8
Tarah Thompson	32.6
Megan McNitt	33.1
Aliza Weiss	35.3

### **Co-Ed 4x400m Relay**

Tarah Thompson	4:32
Adam Terwillegar	
Kathryn Dugal	
Colin Riley	

Valerie Morel	4:33
Steph Schmidt	
Jeremy Bebber	
Kristian Wosik	

Megan McNitt	4:38
Kevin	
Christina Casali	
Pat Frahm	

### **Shot Put**

Zina*	13'2"	4.01m
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\*Men's Shot