

Red Cedar Races - 3/30/2013

East Lansing High School

Results

Team Score - Women

Michigan	29
Michigan State	28

Team Score - Men

Michigan State	35
Michigan	34

Co-Ed 4x1600m Relay

Name		Points
Finals		
1	Michigan "A" 1) Michelle Lapin 2) Will Kane 3) Annabelle Schuelke 4) Garrett Cullen	20:18.60 5
2	Michigan State "A" 1) Margaret Levasseur 2) Colin Riley 3) Tarah Thompson 4) Mark Choate	21:08.77 3

Women 1 Mile Run

Name	School	Points
Finals		
1	Valerie Morel Michigan State	5:40.00 5
2	Lauren Rademacher Michigan	6:15.07 3
3	Megan McNitt Michigan State	6:25.58 2
4	Jane Harness Michigan	6:47.28 1

Men 1 Mile Run

Name	School	Points
Finals		
1	Matt Neumann Michigan	4:40.94 5
2	Adam Terwillegar Michigan State	4:47.78 3
3	Alex Toloukhonov Michigan State	4:50.45 2
4	Greg Sollish Michigan	4:52.67 1
5	Kirk Acharya Michigan	4:57.99
6	Trent Johnson Michigan State	5:02.73
7	Tyler Kristoff Michigan	5:17.85

Men 400m Hurdles

Name	School	Points
------	--------	--------

=====
Finals

1	Andrew Crechiolo	Michigan State	1:00.24	5
2	Jeremy Bebber	Michigan State	1:00.32	3
3	Robert Herkenham	Michigan	1:03.27	2
4	Pat Frahm	Michigan State	1:08.09	

Women 800m Run
=====

Name	School	Points
------	--------	--------

=====

Finals

1	Michelle Lapin	Michigan	2:28.10	5
2	Stephanie Schmidt	Michigan State	2:31.04	3
3	Lindsey Miller	Michigan	2:37.37	2
4	Valerie Morel	Michigan State	2:44.54	1
5	Tarah Thompson	Michigan State	2:48.46	
6	Caci Dishman	Michigan	2:52.90	
7	Megan McNitt	Michigan State	3:00.20	

Men 800m Run
=====

Name	School	Points
------	--------	--------

=====

Finals

1	Bennett Prud'homme	Michigan State	1:59.01	5
2	Will Kane	Michigan	2:02.40	3
3	Robert Rose	Michigan	2:02.72	2
4	Derek Dalle	Michigan	2:03.33	
5	Josh Klebba	Michigan State	2:03.79	1
6	Tyler Kristoff	Michigan	2:07.70	
7	Ben Lambert	Michigan State	2:11.73	
8	Max Mizikar	Michigan	2:17.72	

Women 200m Dash
=====

Name	School	Points
------	--------	--------

=====

Finals

1	Nicole Pentis	Michigan	31.07	5
2	Sarah Parks	Michigan State	31.96	3

Men 200m Dash
=====

Name	School	Points
------	--------	--------

=====

Finals

1	Tom Eby	Michigan State	23.42	5
2	Andrew Le	Michigan	23.70	3
3	Jeremy Bebber	Michigan State	24.81	2
4	Andrew Crechiolo	Michigan State	25.01	
5	Jordan Prather	Michigan State	25.07	
6	Pat Frahm	Michigan State	28.27	

Women 5000m Run

=====				
	Name	School		Points
=====				
Finals				
1	Margaret Levasseur	Michigan State	18:57.55	5
2	Annabelle Schuelke	Michigan	19:24.30	3
3	Allison Reid	Michigan	19:54.25	2
4	Christina Ledezma	Michigan	20:38.79	
5	Kathryn Dugal	Michigan State	21:31.21	1
6	Lydia Lyons	Michigan	23:10.69	

Men 5000m Run

=====				
	Name	School		Points
=====				
Finals				
1	Justin Waraniak	Michigan	15:52.73	5
2	Garrett Cullen	Michigan	16:02.58	3
3	Harrison Clark	Michigan	16:11.01	
4	Jeff Girbach	Michigan State	16:14.03	2
5	David Burkland	Michigan	16:20.62	
6	Josh Partridge	Michigan	16:21.12	
7	Adam Terwillegar	Michigan State	16:37.29	1
8	Ian Prochaska	Michigan	16:46.57	
9	Zach Prochaska	Michigan	16:46.83	
10	David Bersche	Michigan	16:53.56	
11	David Penner	Michigan	17:13.55	
12	David Wilemski	Michigan	17:56.78	
13	Trent Johnson	Michigan State	18:47.57	

Women 4x400m Relay

=====				
	Name			Points
=====				
Finals				
1	Michigan State "A"		4:38.24	5
	1) Stephanie Schmidt	2) Sarah Parks		
	3) Tarah Thompson	4) Valerie Morel		
2	Michigan "A"		4:48.66	3

- 1) Michelle Lapin
- 3) Caci Dishman

- 2) Lindsey Miller
- 4) Nicole Pentis

Men 4x400m Relay

Name		Points
Finals		
1	Michigan "A"	3:37.90 5
	1) Andrew Le	2) Tyler Kristoff
	3) Derek Dalle	4) Will Kane
2	Michigan "B"	3:42.52
	1) Garrett Cullen	2) Robert Herkenham
	3) Matt Neumann	4) Robert Rose
3	Michigan State "A"	3:45.48 3
	1) Josh Klebba	2) Mark Choate
	3) Jordan Prather	4) Ben Lambert
4	Michigan State "C"	3:47.50
	1) Bennett Prud'homme	2) Pat Frahm
	3) Alex Toloukhonov	4) Tom Eby
5	Michigan State "B"	3:43.99
	1) Andrew Crechiolo	2) Jeremy Bebber
	3) Colin Riley	4) Jeff Girbach
6	Michigan "C"	4:14.05